



PEWSHEET FOR THE SEASON OF LENT

Welcome to our worship this morning.

Children are especially welcome. We do hope that you will find the worship uplifting and that your relationship with Jesus Christ is enriched through it.

We seek to be a church that loves God, our local community and each other, in the same loving way that Christ loves us.

Please join us for morning tea after the service.

If you have any questions about what we do here or about the Christian Faith in general, I would be happy to make time to discuss them or any other issues with you.

Gluten free wafers are available for Communion, if you require these please speak to the service leader.

Revd. Debbie

Lent 1 18th February

God of the new and eternal covenant,
as the forty days of the great flood
swept away the world's corruption
and watered new beginnings of righteousness and life:
grant to us, who are washed clean and born again
in the saving flood of baptism, the wellspring of your grace,
that your gift of new life may flourish once again;
through Jesus Christ our Redeemer,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. **Amen.**

Lent 2 25th February

God of all times and places,
in Jesus Christ, who was lifted up on the cross,
you opened for us the path to eternal life:
grant that we,
being born again of water and the Spirit,
may joyfully serve you in newness of life
and faithfully walk in your holy ways;
through Jesus Christ our Lord,
who lives and reigns with you in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Lent 3 4th March

Lord our God,
by your Holy Spirit
write your commandments upon our hearts
and grant us the wisdom and power of the cross,
so that, cleansed from greed and selfishness,
we may become a living temple of your love;
through Jesus Christ our Lord. **Amen.**

Lent 4 11th March

Everlasting God
in whom we live and move and have our being,
you have made us for yourself,
and our hearts are restless until they find their rest in you:
give us purity of heart and strength of purpose,
that no selfish passion may hinder us
from knowing your will,
no weakness prevent us from doing it;
that in your light we may see light,
and in your service find perfect freedom;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

Lent 5 18th March

O God, our Redeemer,
in our weakness we have failed
to be your messengers of forgiveness and hope:
renew us by your Holy Spirit,
that we may follow your commands
and proclaim your reign of love;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen**

EASTER SERVICES

Palm Sunday Holy Communion	8.30am Hilton 10.30am Spearwood
Maundy Thursday Supper & Communion	6.30pm TBA
Good Friday Stations of the Cross	10.00am TBA
Easter Sunday Celebration & Family Communion	8.30am Hilton 10.30pm Spearwood

Bible Study

The Ladies Bibles study on Friendship will be at the home of Ann Punch on Monday 19th February and Monday 5th March.

Raffle (Spearwood)

Ann is collecting items for the Mother’s Day basket that will be raffled to raise funds for the church.

If you have something beautiful or yummy that you can donate towards this Mother’s Day basket please pass the item on to Ann Punch. Thank you.

Ladies Coffee Morning

27th February at 10.00am

We will meet at Coogee Beach Café \$15 for Tea/Coffee and Cake of your choosing.



Dear Friends,

Earlier this week, Tropical Cyclone Gita devastated communities across Tonga. The category four cyclone brought destructive winds of over 233km/h, ripped roofs off houses and caused widespread flooding. Tens of thousands of people have been forced to evacuate their homes and are now left without power or water. Many homes, buildings and churches have been severely damaged, including one church that was completely destroyed.

We are calling on you, as part of the Australian ecumenical community to pray for our Tongan brothers and sisters. We're working with our partner on the ground, the Tonga National Council of Churches, to provide immediate lifesaving assistance.

Act for Peace's Disaster and Emergencies Program Coordinator, Yvette Crafti, will be helping to coordinate the relief efforts and said the level of damage is extremely high.

"Gita is the strongest cyclone to hit Tonga in 60 years. It has flattened houses, torn down trees and has left widespread flooding and power outages in its wake. We are working around the clock to help reach people in urgent need."

"With a storm this big, communities that have been badly impacted need our support to recover and begin to rebuild their homes and livelihoods."

There is a lot of work to be done to help our neighbours in Tonga both in the coming days, and long term as they rebuild following this cyclone. We ask that you would join us in covering the people of Tonga in prayer.

Please feel free to share this email and the following prayer points with your congregation.

We pray for:

- Our brothers and sisters in Tonga and those across the Pacific whose lives have been devastated by Cyclone Gita.
- The tens of thousands of people who have lost homes, livestock and crops. That they will find protection, and have access to clean water, food and shelter.
- Act for Peace and the Tonga National Council of Churches as they provide emergency assistance to those in need.
- Our Pacific neighbours as they begin the process of rebuilding their lives over the next few months.
- All who have been affected. We ask that they know God's peace, love and hope as they grieve and start the process of rebuilding their lives.

“Carry each other's burdens, and in this way you will fulfil the law of Christ”

Galatians 6:2

Thank you so much for standing with communities threatened by conflict and disaster. If you would like to make a gift to support the relief efforts in Tonga, you can do so here.

With blessings and gratitude,

Janet Cousens

Executive Director

Act for Peace

www.actforpeace.org.au

New 2 You Sales (Hilton)

Our next Sales will be on Friday 2nd and Saturday 3rd March
9.00am -1.00pm

Lots of bargains to be found. Donations of good clean items are always welcome.

Please advertise and support this fundraising event.

Please Note: There will not be a New 2 You Sale in April owing to Easter Celebrations.

Bunnings Sausage Sizzle (Spearwood)

The Sausage Sizzle Fundraiser will be on Saturday 24th February between 7.30am and 4.00pm. Please come buy a Hot Dog and/or drink and support this fundraising event.

How many of the 10 Commandments do you keep?

Moses may have brought 10 Commandments down from Mt Sinai, but nowadays it seems that many Christians take only the final six of them seriously.

And so it is that most Christians still believe that it is not a good idea to dishonour your father and mother, commit adultery, covet others' possessions, bear false witness, steal, or commit murder.

But they say they are not so bothered about the first four - the requirement to have no other gods before God, not to worship idols, not to use the Lord's name in vain, and to keep the Sabbath day holy. They say these are no longer 'important principles to live by', according to a YouGov poll.

And yet, it is hard to understand how someone who worships another god first, could still be considered a Christian, for whom 'Jesus is Lord'. It is a logical impossibility.



DO YOU WANT TO FAST THIS LENT?

In the words of Pope Francis

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

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This Weeks Readings (Lent 1) Genesis 9:8-17, Psalm 25:1-10, 1 Peter 3:18-22, Mark 1:9-15
Next Weeks Readings (Lent 2) Genesis 17.1-7, 15-16, Psalm 22.24-32, Romans 4.13-25, Mark 8.31-38
4th March (Lent 3) Exodus 20.1-17, Psalm 19, 1 Corinthians 1.18-25, John 2.13-22
11th March (Lent 4) Numbers 21.4-9, Psalm 107.1-3, 17-22, Ephesians 2.1-10, John 3.14-21
18th March (Lent 5) Jeremiah 31.31-34, Psalm 119.9-16, Hebrews 5.5-14, John 12.20-33

SPEARWOOD								
Date	Welcome	Reader	Prayer	Sacristan	LPM&LA	M/Tea	Musician	Counters
18th Feb	Len	TBA Ann	Maxine	Lorraine	Lorraine Audrey	Len	N/A	
25th Feb	Karl	Audrey Maria	Bernard	Lorriane	Len Lorraine	Bridgid	N/A	
4th Mar	Merv	Merv Audrey	Maxine	Colleen	Colleen June	Bernard	N/A	
11th Mar	Len	Bernard Ann	Lorraine	Lorraine	Lorraine Len	Sylv Merv	N/A	
18th Mar	Karl	TBA Audrey	Maxine	Lorriane	Len Audrey	Maxine	N/A	
Contact Details								
Priest: Revd Debbie May					Parish Wardens			
Mobile: 0473 368 268					June Caunt: 9434 2745			
Email: revd.debbie@gmail.com					Maxine Smith: 0417 992 798			
15 Mell Rd, Spearwood WA 6163								

HALL FOR HIRE
Large Hall with wooden floor (fantastic for dancing etc.) available to hire at St Edwards Hilton. Available for occasional or regular use. Disabled Access/Toilets. Baby Change table and kitchen.

VISITING REQUEST CARDS
There are some new visiting request cards in the church. Please complete the details and hand to Revd Debbie if you know of a need in the parish.
Thank you.